

shelter.



mantra

# Shelter

## Mantra

Shelter was formed in the early '90s by Ray Cappo, a devoted Krishna activist, at that time involved with a straight-edge hardcore group Youth of Today. In 1995 Shelter released **their first album for the major label Roadrunner Records**, entitled "Mantra". The record's artwork announced the band's strong return to the Krishna roots. Indeed, songs like "Message to the Bhagvat" come directly from this source. **This reissue is digitally remastered and contains 3 bonus tracks (2 audio, including a cover of the Beatles "We Can Work It Out" & 1 video). Digipack is a limited, numbered edition of 2000.**

## TRACK LISTING

- Message Of The Bhagavat
- Civilized Man
- Here We Go
- Appreciation
- Empathy
- Not the Flesh
- Chance
- Mantra
- Surrender To Your T.V
- Letter to a Friend
- Metamorphosis
- Progressive Man (Bonus Track)
- We Can Work It Out (Bonus Track)
- Here We Go (videoclip) (Bonus Track)

Artist	Shelter
Title	Mantra
Selection #	MASSCDDG1025
UPC	5907785029880
Prebook	8/14/2007
Street Date	9/18/2007
Retail	\$17.95
Genre	Metal
Run Time	38 mins
Box Lot	25
Label	METAL MIND
Format	CD



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