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Arena - Caught In The Act (MVD / Metal Mind)

I'd always heard that Arena were a dreadful live band with zero stagecraft. If that is so, why is this DVD so very good? "Caught In The Act" is a great document of Arena's 2003 shows. Vocalist Rob Sowden has an almost futuristic look about him - he commands the stage well & his voice is powerful without ever being shrill.

The band is in top form on pieces like "Double Vision" and "Salamander." The camera work is great and image & audio are first rate. Lots of bonuses as well. Mick Pointer and the lads have a real winner here!

- John A. Wilcox