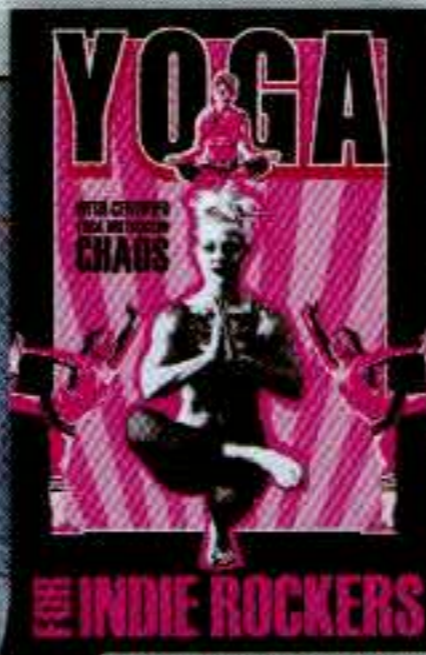


DVD WRAP-UP

BY LESLIE SIMON & TIM KARAN



YOGA FOR INDIE ROCKERS

(HALO 8)

Certified yoga instructor and tattoo enthusiast Chaos rocks beginning, intermediate and advanced yogis through the essentials for a full-body yoga workout. Lycras optional.

EXTRAS > No Enya here! Get your yoga on with the

choice of four musical soundscapes: indie, pop-punk, electro and heavy.

The Classics ACCORDING TO KEITH

EVERY TIME I DIE FRONTMAN KEITH WAXES CINEMATIC ON THE MOST IMPORTANT FILMS OF OUR TIME—SORT OF



LONE WOLF McQUADE

(MGM, 1983)

STARS: Chuck Norris, David Carradine

THE PLOT > Wh

god's name does Chuck Norris even *have*? In 107 minutes of film, the only thing I saw use his right arm for was opening a beer. That was *while* jump-kicking a horse with me. I firmly believe when this movie was made, Chuck Norris didn't even know there was a camera crew following him around: He was just enjoying himself. He plays McQuade, a Texas Ranger whose daughter has been kidnapped, and it turns out the kidnapers are also hijackers. They have stolen an armored military convoy and are now dealing arms to terrorists all over the world under the leadership of Rawley Woodcock (Carradine). Whoa! Kidnappers, hijackers, terrorists? Jesus, Chuck, sounds like you need a party that needs catering. Maybe you should specially prepare them a 6-foot long fly sandwich!

THE POINT > In its earliest form, "karate" was an indigenous form of close-quarters fist combat that encouraged the refinement of empty-handed techniques. The Chinese characters used to write the word itself were changed in the late 17th century when they were suffixed, meaning "way" or "path," which gave it with spiritual connotations. When was it a Chuck Norris movie, it's easy to forget the fundamentally religious nature of the martial arts. With all the guns and beards, it might as well be like an American perversion of sacred Indian. To this I say, "Love it or leave it, hippies." I've invented martial arts as far as I'm concerned. And if you don't drink a tall, cold one while stepping on someone's neck, then you are a pervert. **MT**



BLOOD AND CHOCOLATE

(MGM)

Based on a goth novel? Check. Revolves around modern-day teenage werewolves in Romania? Check. Features a character named Aiden? Check. Vague yet morbid yet stupid title? Triple-check. Say hello to *Hot Topic Presents: Doctor Zhivago*.

EXTRAS > Director's commentary, deleted scenes



THE OFFICE: SEASON ONE & TWO VALUE PACK

(UNIVERSAL)

It takes a brilliant show about Scranton, Pennsylvania's most dysfunctional office to make us in the AP skyscraper feel functional by comparison. At least, that's what *she* said...

EXTRAS > We're keeping our fingers crossed for the complete script of Michael Scam's *Threat Level: Midnight*



MEATBALLS: SPECIAL EDITION

(SONY)

Back in the day, *Meatballs* was considered a risqué sex romp starring a young-ish Bill Murray as a camp counselor teaching his campers more than just kayaking. Also, it launched a fashion trend that American Apparel would make famous 20 years later. We'll take one pair of loop terry teeny shorts, please!

EXTRAS > Audio commentary, three-part making-of documentary



THIS AIN'T YOUR MOM'S HARDCORE VOL. 2

(MVD)

Your mom might not dig this title, but *you* probably will since TAYMH V.2 (we pronounce it: *taymahuh-vee-too*) features performances, skits and backstage footage from bands like Misery Signals, As Cities Burn and Drop Dead, Gorgeous.

EXTRAS > You might wake up with bruises after watching. But we're only 74 percent sure of that.



RENO 911!: MIAMI

(FOX)

Nevada's finest should be arrested for crimes against fashion—and sometimes humanity—but instead, they're the ones with the handcuffs. *Scary*.

EXTRAS > Audio commentary, public service announcements, extended scenes



BLACK SNAKE MOAN

(PARAMOUNT CLASSICS)

Set in the hot South, bluesman Samuel L. Jackson becomes smitten with Christina Ricci (and her fivehead), the town prostitute who's looking for love in all the wrong places. But when you're a hooker, are there *right* places to look?

EXTRAS > In addition to Ricci playing a whore, she throws the "F" to Justin Timberlake. What more could you want?



HANNIBAL RISING

(MGM)

Yeah, we realize this is a prequel to *The Silence Of The Lambs* and that even as awesome as Anthony Hopkins is, he probably couldn't have pulled off portraying a college-age Hannibal Lecter. But this movie proved that if *he* can't play this particular cannibal, nobody should—except maybe Amanda Bynes.

EXTRAS > Director's commentary, deleted scenes, two featurettes



GHOST RIDER

(PARAMOUNT)

We don't know what's more incredible about this movie: The fact that someone managed to convince Eva Mendes to sign on, or the captivating reality that is Nicolas Cage's hair. Talk about six of one, half-dozen of another.

EXTRAS > "Spirit Of Vengeance: The Making Of *Ghost Rider*" documentary, audio commentary



THE MESSENGERS

(SONY)

When will parents in horror flicks learn? If you've got a "troubled" teenager, do *not* pack up and move to a farm in the middle of nowhere. The kids are just gonna start seeing ghosts. And which is worse: The occasional body piercing or a poltergeist in your toilet? You make the call.

EXTRAS > Actor commentary, seven behind-the-scenes featurettes



JACKASS: THE MOVIE & JACKASS NUMBER TWO BOX SET

(PARAMOUNT)

We don't think we're alone in saying it: Johnny Knoxville and Steve-O were robbed at the Oscars—for both movies. Sure, Alan Arkin was decent in *Little Miss Sunshine*, but we're almost certain he's never clamped an alligator to his nipple.

EXTRAS > We bet there'll be swearing and at least one exposed gooch.