

## Aural Amphetamine: Metallica And The Dawn Of Thrash DVD

From [Chad Bowar](#),  
Your Guide to [Heavy Metal](#).  
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It can be a jarring revelation to realize that events of your youth are now considered ancient history. A great number of heavy metal fans weren't born or weren't even listening to metal when thrash began. That's why it's important to examine and preserve the history of metal, so younger generations can see where it all came from.

*Aural Amphetamine: Metallica And The Dawn Of Thrash* explores the roots of thrash metal. It starts with the New Wave Of British Heavy Metal bands like Iron Maiden, Diamond Head and Saxon, which were strong influences on what became thrash. Metallica is the main focus of the documentary, as it explores their early days through *Master Of Puppets* and how they popularized thrash metal.

Metallica didn't cooperate in the making of this film, but there are archival interviews with band members from several years ago. A variety of musicians and journalists lend their expertise in explaining their experiences and opinions about the thrash movement. Members of Megadeth, Diamond Head, Laaz Rokit, Machine Head and many more musicians are interviewed along with writers like Lonn Friend and Malcom Dome.

The producers of the documentary were able to secure the rights to a lot of music, and it features video clips of bands including Metallica, Iron Maiden, Motorhead, Judas Priest, Venom, Slayer, Anthrax and more. *Aural Amphetamine: Metallica And The Dawn Of Thrash* is a very compelling film, and the story is told through the eyes of those who lived it. If you want to learn more about the beginnings and history of thrash metal, this is the perfect DVD for you.

(released April 15, 2008 on Sexy Intellectual)

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