



So, yes, anyway, after yesterday's work, I rode home and came down, not with the NBA Finals, but with *Iron Maiden and the New Wave of British Heavy Metal*. Documentaries involving British music journalists always make *Spinal Tap* look like a full-blown news report.

Everything is "brilliant" or "rubbish" and everything is spoken of in gravely serious tones, as if the topic of conversation isn't Tygers of Pan Tang and Saxon but rather, say, the Battle of Britain or the evacuation of Dunkirk.

Killer stuff, this. Anyone who wants to learn more about why the world bred Metallica and everything after them ought to check out this detailed look at heavy metal's "punk movement" as it was described by one talking head, a bloated longhaired total-rock-guy Brit with a very fine Bon Scott T-shirt who sounds like there are about three pints gurgling in his throat as he speaks.

Best viewed while girlfriend (who has to wake up at 6 a.m.) yells at you to finish

- Aaron Beck